

SPIRITUAL WISDOM
on
Dreams

Excerpts



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Why do we dream?

Why do we dream? Why is it important to dream? Because dreaming comes from the creative imagination, which is God's gift to you and me. It is the nature of immortal Soul to dream. This is why your dreams, both in everyday life and while asleep, are so important.

Through your ability to dream, you often have experiences in the other worlds where you act as an observer. But as you move farther along, you become the participant in your dreams. You become the actor.

You begin to see goals, spiritual goals which may be as valid as finding a home for your family. You want a place where they can be happy, a haven away from the fast pace of today's society. You create a warm place where friends are welcome.

It's a place where you can go, a home, a spiritual dream. Because as we plan our homes, whether it's a rented home or one we buy, we're just thinking of a higher home. It's the home of Soul. The place where Soul has come from, from the heart of God in the Ocean of Love and Mercy.

Dream. Dream your way home. Dream your way back to God. Use your creative imagination, because that's the only way you can return to the source of all life.

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Dreams Happen in a Real World.

Dreams touch every level of our life. They may let us glimpse the future, or give suggestions for healing, or share insights into our relationships.

Above all, they can and will steer us more directly toward God.

What is this fantasy about dreams?

First, understand that the dream world is anything but a fantasy. A "confused" dream simply shows the inability of our mind to accept truth head-on, so it bends the facts and artfully weaves them into a story line that is less likely to cause us distress. Yes, dreams are real.

A mother listening to her young daughter tell of an inner experience from the night before dismissed it offhand as only a dream. The girl quickly corrected her. "Not just a dream, Mom," she said. "It was real."

So, first, understand that the land of dreams is an actual place. Second, any experience you gain in the dream world is as useful to you spiritually as any of those you may have here in the human body.

To grasp the universal nature of dreams, take a step back and imagine that you are standing at the top of the worlds. The identity that can do that, to command a view even of creation itself, is the real you – eternal Soul. Soul is a child of God, and, by nature, godlike. And so It can share in the divine attributes of wisdom, joy, freedom, and divine love.

So why doesn't It? Why don't you?

Your dreams are like a telescope that can give a better view of something that's normally out of reach: your spiritual side. That includes how you act, feel, reflect, think, react, and even love. Most people fear putting the telescope of dreams to their eye, afraid of what they might see.

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A Dream Guide Who Can Help You

Daydreams, night dreams, contemplation, Soul Travel – all are steps in the pursuit of heaven. In Eckankar, the student is under the protection of a spiritual guide known as the Mahanta. This is the Spiritual Traveler, the Dream Master.

As the Mahanta, he is the Inner Master. The Inner Master is not a physical being. It is someone you see in the inner planes during contemplation or in the dream state. He may look like me, he may look like another ECK Master, or he may even look the same as Christ. All it is, really, is the merging of the Light and Sound of God into a matrix, into a form which appears as a person. This, then becomes the inner guide which steers a person through the pitfalls of karma, the troubles we make for ourselves through ignorance of the spiritual laws.

The Master often works in the dream state because it is easier to get through. Fears can inhibit and prevent one from exercising the freedom and power and wisdom which are the birthright of Soul. In the dream state, the Inner Master can begin working with you to familiarize and make you comfortable with what comes on the other side.

The Living ECK Master is the other half of the title *the Mahanta, the Living ECK Master*. This means the outer spiritual teacher, myself.

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A Spiritual Exercise to Meet the Mahanta

In contemplation or before sleep, see yourself strolling on a beach. Sing *Harji*, *Wah Z*, or simply *Z* [...].

Ahead of you on the sand is a blanket laden with fruit. The Inner Master, the Mahanta, awaits you there. He is always looking for his beloved follower to come in the Soul form. In his hands he cradles a goblet made of precious jewels. He offers it to you.

“In it is the water of life,” he says. “Take it and drink.”

The water of life is in fact the ECK, the Light and Sound of God. Drink all of It. Visualize the Light and Sound acting gently upon you. Once you drink of this cup, you will never again thirst for a lesser drink. You will always want these pure waters of heaven.

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Help in Business

A businessman, “Andrew,” had the responsibility of accounting for the funds of small firms. He hadn’t kept his books up for a while, and one night he had a dream. In the dream, two young men came into his room and began examining the accounting books. Andrew stood off the side, watching as the accountants sat down and began to audit the books.

When he woke up in the morning, he immediately started catching up on his ledger accounts, straightening everything out.

He worked on this for a couple of mornings, and his wife asked him, “Why are you taking care of the books, when normally you’d be getting ready for work?”

“I don’t know,” he said. “I just have this strong feeling to do it.”

On the third day, Andrew was at work, when two young men walked in the door. They were auditors; they had come to audit his books. And he was ready, all because he had trusted the message he got from his dream.

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